



CROSB Newsletter



Amazing Melanie

Upcoming CROSB Events

- Ken Baines Disco, 14th June 2014
- Combined Groups Dinner With Friends, 17 June 2014.
- Staff Training Day 26 June 2014
- Combined Groups State of Origin Bowling Night, 15 July 2014

Melanie is one of our amazing mums at CROSB. A 35 year old single mum she lives in Nanango with her little boy Cody (4 years). Melanie refers to Cody as her eyes at home and has a bond that only she and her son can know.

Melanie has been an insulin dependent diabetic since 10 years of age. In 2005 Melanie was injured in a car accident in which she nearly died and as a result Melanie was diagnosed with an Acquired Brain Injury (A.B.I.). Melanie also lost her sight in her left eye and the sight in her right eye started diminishing in 2010-2011.

In 2010 CROSB became involved in Melanie's life plan and began support 3-5 days a week.

With CROSB support and encouragement, Melanie says that she has been able to achieve things she never thought were possible. Cooking, cleaning, washing clothes and bathing Cody are just a few things Melanie is able to achieve on a daily basis with support.

Melanie enjoys shopping trips with CROSB support workers who also take her to doctors and specialist appointments. Support workers drive Melanie's car and this she feels gives her back her independence.

Melanie in the kitchen making scones.



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IPAD Applications

CROSB have purchased an IPAD for Support Workers to use with clients. We have put in some fun and educational applications, such as, Talking Mats, See Touch Learn and Verbally as well as some interactive games. If any anyone has an IPAD and would like to share these Apps just let the office know and we can install them for you.

CROSB Information Day - Your Life Your Choice

In October 2014 (date to be advised) CROSB will hold a Planning for Future Options Day. This is a day where all families can come together, share ideas and share stories. We will have speakers from Parent to Parent, Adult Guardian and Public Trustee. Keep watching to see who will be speaking at the information day.

“Carmen’s Gone Potty”

Carmen has started her own business in making mosaic pots and potting beautiful plants in them. She also attends the markets in the local area to sell them.

Carmen has a Facebook page – “Carmen’s Gone Potty” – please go onto her page, like it and see what Carmen and her mum are making next.



Staff Training

Throughout the month of May and June, CROSB Staff will be attending training on -

- > Professional Boundaries
- > Communication Database
- > Meditation Techniques
- > Driver Awareness
- > PATH Program—Planning Alternative Tomorrow

- In some instances client support may need to be changed to accommodate for staff to attend these training sessions.
- Our office staff will be liaising directly with those clients well in advance.

Interesting Websites:

www.salvos.org.au – this website has information on Financial Assistance, Family and Personal Support as well as other services.

www.diabetesaustralia.com.au – information on Understanding and Living with Diabetes and some recipes to share.

www.autismqld.com.au – information regarding Assistance Programs, News and Resources and a book store to browse.

Griffith University—Research Project

“How Adult Communication Assistants make Conversation Easier”

Griffith University is currently conducting research to investigate how adult communication assistants make conversation easier for people from one of three developmental disability groups; namely, Rett Syndrome, Down Syndrome or Cerebral Palsy. Adult communication assistants are people who have *some knowledge and skill* in using non speech communication. Knowing how to be an effective communication assistant can have a positive impact of well being, job satisfaction, language development and social inclusion. If you would like to find out more about this research or participate in any one of the three stages, please see

<http://conversationswithoutspeech.wordpress.com/>

Thank you.

Contact person: Jane Remington-Gurney, PhD Candidate. School of Human Services and Social Work, Griffith University. Jane.remington-gurney@griffithuni.edu.au Research team:

Prof. J. Clapton and Assoc. Prof. R. Gardner and Jane Remington-Gurney. Contact person for any concerns: Professor Jayne Clapton, Chief Investigator, School of Human Services and Social Work, Griffith University, J.Clapton@griffith.edu.au

CROSB Combined Group Nights!!

July

State of Origin
Bowling Night



15 July, 6pm to 8pm
Kingaroy Ten Pin Bowling & Mini Putt Putt
Cost- \$18.50 for dinner, bowling and shoe hire, \$5 contribution for transport

RSVP 11th June 2014

August

Celebration of Spring
“Flower Power Disco”



19 August, 6pm to 8pm
Enterprise Centre
Cost- \$5 for dinner
\$5 for activity
\$5 contribution for transport

RSVP 15 August 2014



Expressions of Interest—Day Trip to Australia Zoo or Bunya Mountains for a BBQ

CROSB would like to plan a day out to either Australia Zoo or to the Bunya Mountains for a BBQ. Participants would need to pay their own admission into Australia Zoo and if we get enough people wanting to go, we would be able to get a group discount on the admission fee. CROSB will provide transport and support on the day. If you would be interested please let the CROSB office know.



June Promotion

Try our home grown Pumpkin Lasagne! Pumpkins grown right here in Gumnut's garden



*Sizes; Large \$25.00 (servings 8-10)
Medium \$13.50 (servings 4-6)
Small \$7.00 (Servings 1-2)*

Please send your orders to South Burnett CTC Headquarters or email gumnut@sbctc.com.au

Breast Cancer Awareness

The Cherbourg Aboriginal Community – Women are seeking support and requesting bras to raise awareness of Breast Cancer.

The aim is to string 100s n 1000s of bra's leading out of Cherbourg to near-by towns...including Murgon and hopefully Wondai...

If you know of anyone that have bras that they would like to donate please let the Women @ the Cherbourg Ration Shed know.

You can find out more about the Ration Shed on their website.. or alternatively you can ring

PH: 4169 5753 – Contact Persons: Sandra Morgan or Grace Bond

Moneycare

How to stay on top of your money!!

The Salvation Army's Moneycare program is one of the largest financial counselling service providers in Australia. Moneycare has been working with people experiencing financial difficulties and crisis for over 20 years, and is a forerunner within the financial literacy sector.

Moneycare's unique financial literacy education program, "You're The Boss", has been written in a readily understandable English format.

*For more information visit:
salvos.org.au*

Ken Baines Disco Date Claimer 2014

For people of any age, living with a disability (intellectual or physical) and their families and friends.



Dates for 2014:

- Saturday 15th February
- Saturday 26th April
- Saturday 14th June
- Saturday 16th August
- Saturday 18th October (Halloween)
- Saturday 6th December (Christmas Party)

*St. Mary's Hall, 15 Albert Street, Kingaroy.
7:00 pm until 11:00 pm.
Carers need to remain in attendance.*



**Refreshments provided!
No charge. Gold coin donation appreciated.**

For all enquiries please contact the Centacare South Burnett Office on: 4162 5439

Proudly Supported by:

Sponsored by:
St Mary's Catholic Parish Kingaroy



SES App—for iPhone and Android Phones

This app can assist when you or your property are in danger or potential danger associated with a flood or storm in QLD. The State Emergency Service Queensland is a volunteer based organisation designed to empower people to help themselves and others in their community in times of emergency and disaster.

The protection of life is the priority for the SES in these events.



Comments, Compliments & Complaints

We value your views and encourage you to make them known to us so we can improve the services we offer

To Make a Comment, Compliment or Complaint:

- Talk to your Support Team ie: Support Worker, Service Co-Ordinator or Service Manager and/or family/advocate (see contact details below)
- Talk with South Burnett CTC Headquarters on 07 4162 9000
 - Contact your service funding body

If after all steps have been taken and you are unhappy with the response that CTC and/or CROSB give, you can contact:

Department of Communities, Child Safety and Disability Services

Phone (free call): 1800 177 120
 Phone: 3224 7179
 Email: com-plain@communities.qld.gov.au

Complaints Referral and Resolution Services

Phone (free call): 1800 880 052
 Phone: 13 14 50
 Email: crrs@workfocus.com

24 Hour Crisis Support Numbers

Lifeline	13 11 14
Kids Helpline	1800 55 1800
Parent Helpline	1300 301 300
Police, Fire & Ambulance	000 (mobiles 112)
SES	132 500
13 HEALTH	13 43 25 84

CTC Services Contact Details

Headquarters

4162 9000

Disability Services

CROSB 4162 9081
 Gumnut 4168 1852
 Your Life Your Choice
 4162 9081

Youth Services

Kingaroy 4162 7788
 Murgon 4169 5940

Employment Services

Kingaroy 4162 2566
 Murgon 4168 2155
 Gympie 5481 1488

Partners in Foster Care

Wondai 4169 0177

Childcare

Community Kids 4171 0033
 Nanango Childcare
 Centre 4163 1279

CROSB Contact Details

Shed 3 and 4,
 6 Cornish Street or
 PO Box 490
 KINGAROY QLD 4610

Phone: 4162 9081
 Fax: 4162 9030
 E-mail: crosb@sbctc.com.au



SUPPORTING PEOPLE WITH A DISABILITY IN THE COMMUNITIES OF THE SOUTH BURNETT

www.sbctc.com.au