



# CROSB Newsletter

## Upcoming CROSB Events

- Combined Groups - Creative Cooking Night 16 September 2014 and Games & Karaoke Night 14 October 2014
- Annual CROSB Survey included—please complete and return by 30th September 2014
- Creating Your Future free workshop 18 September 2014
- CROSB Information Day 13 November 2014

## CROSB Survey 2014

Included in this newsletter is your opportunity to complete the 2014 CROSB Evaluation Survey.

CROSB encourages you all to provide your feedback on the service for 2014.

Please complete the survey and place in the envelope marked 'CROSB Survey Results 2014'

and then place in the self-addressed envelope to be posted back to CTC.

This Survey will be reviewed and results compiled by an independent reviewer within CTC.

Once again we encourage you all to have your say on improving our service.

Survey Forms are to be returned by 30 September 2014.

## Playful Josh

Josh enjoys a good joke and backs it up with a hearty laugh.

His interest in cars has lead him into a role of regular maintenance checks on some of the CTC vehicles, something Josh takes seriously.

He likes listening to heavy metal music, Metallica being his favourite.

Josh enjoys watching World Wrestling Entertainment on Foxtel and also likes to play PC games.

Josh plays monopoly with great enthusiasm and at present is designing his own game with Brett, one of his Support Workers.

Josh looks forward to learning more about hand tools having already used an air chisel following all the safety procedures.

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## CROSB Information Day—13th November, 2014

### Your Life Your Choice

On 13th November, 2014 from 10am to 2pm CROSB will hold a  
Planning for Future Options Day.

This is a day where all families can come together, share ideas and share stories. We will have speakers from Parent to Parent, Adult Guardian and Public Trustee. Keep watching to see who will be speaking at the information day.

### CROSB Updates on CTC Policy regarding Client Transport

- This Policy affects clients receiving Block Funding. All block funded clients may receive 50kms per month funded transport in a CTC Vehicle or Support Worker's Vehicle.
- All non-block funded clients may elect to pay CTC for transport based on a user pay system as approved by the Disability Services Manager delegate and in accordance with the current ATO rate of \$0.78c per kilometre.
- Otherwise all clients may choose to use public transport options or taxis during supported hours instead.
- The Block Funding CROSB receive from Disability Services is only for direct support hours. There is no funding for transport. Due to the ever-increasing transport costs, we have had to review our current practices.

### P.A.T.H. Planning

CROSB can now provide P.A.T.H planning that focuses on the gifts, capacities and strengths of both individuals, families and groups. It is built around a central focus person or group, who come together with their supports with a commitment to plan and action a positive, desirable outcome.

If any families are interested in having a P.A.T.H. Planning done please let the office know.

This is the CROSB P.A.T.H for the next 2 years...





## September Promotion

*Cheesecake Slice is the delight of the month  
being freshly made for you from the  
Gumnut kitchens!!!!*



Tray of 6 – \$10.00

Please send your orders to South Burnett CTC Headquarters or email [gumnut@sbctc.com.au](mailto:gumnut@sbctc.com.au)

## Staff Training

Throughout the month of August and September CROSB Staff will be attending training on -

- > 14th August—Understanding Diabetes
- > 26th August—Indigenous Cultural Awareness and Cultural Competency Training
- > 27th August—Understanding Epilepsy
- > 10th Sept—Food Handling
- > 10th Sept—Infection Control
- > 16th and 17th Sept—The Person Thinking Workshop

In some instances client support may need to be changed to accommodate for staff to attend these training sessions. Our office staff will be liaising directly with those clients well in advance.

# CROSB Combined Group Nights!!

## September

### Creative Cooking Night



**16 September 2014**  
**6pm to 8pm**  
**Enterprise Centre**  
**Cost - \$10 for dinner**  
**\$5 contribution for transport**

**RSVP 12 September 2014**

## October

### Games & Karaoke Night

**14 October 2014**  
**6pm to 8pm**  
**Enterprise Centre**  
**Cost - \$10 for dinner**  
**\$5 contribution for transport**



**RSVP 10 October 2014**



# Disability-related events Calendar 2014

## September

- 5th — Fight Cancer Foundation Footy Colours Day—Fight Cancer Foundation
- 11th — R U OK? Day—R U OK?
- 21st — World Alzheimer's Day—Alzheimer's Australia
- 29th — World Heart Day—United Nations
- TBC — National Asthma Week—The Asthma Foundation of Australia
- TBC — Dementia Awareness Week—Alzheimer's Australia

### MedCoach App—for iPhone and Android Phones

MedCoach is an easy-to-use medical app that helps you remember to take your medications and pills at the right time and day. Never forget to take your meds! MedCoach can also connect to your pharmacy to refill your prescriptions. MedCoach is medication management and a medication reminder made easy!



**Budget Cooking:** Would you like to learn how to cook within your budget? Then get along to St. Mary's Hall every Thursday at 10am. Taste your gourmet cooking at the end of the session. Sessions will start on the 31st July 2014 and will be running every week until the 16th September 2014. To book a spot please call 4162 5439

## Advocacy

### What Is Advocacy?

**Advocacy means supporting the interests of an individual or group, with the aim of promoting and protecting their rights and welfare.**

#### Types of Advocacy:

- **Individual Advocacy**—a one-on-one approach, aiming to prevent or address instances of discrimination or abuse
- **Systemic Advocacy**—working to influence or secure long-term change to ensure the collective rights and interests of people with disability
- **Family Advocacy**—when a parent or family member advocates with and on behalf of a family member with disability

For more information visit:  
[www.qld.gov.au](http://www.qld.gov.au)

## Ken Baines Disco Date Claimer 2014

For people of any age,  
living with a disability  
(intellectual or physical)  
and their families  
and friends.



#### Dates for 2014:

Saturday 15th February  
Saturday 26th April  
Saturday 14th June  
Saturday 16th August  
Saturday 18th October  
(Halloween)  
Saturday 6th December  
(Christmas Party)

St. Mary's Hall, 15 Albert Street, Kingaroy.  
7:00 pm until 11:00 pm.  
Carers need to remain in attendance.



Refreshments provided!

No charge. Gold coin donation appreciated.

For all enquiries please contact the  
Centacare South Burnett Office on: 4162 5439

Proudly Supported by:

Sponsored by:  
St Mary's Catholic Parish Kingaroy

centacare  
SOUTH BURNETT

## Comments, Compliments & Complaints

We value your views and encourage you to make them known to us so we can improve the services we offer

### To Make a Comment, Compliment or Complaint:

- Talk to your Support Team ie: Support Worker, Service Co-Ordinator or Service Manager and/or family/advocate  
(see contact details below)
  - Talk with South Burnett CTC Headquarters on 07 4162 9000
    - Contact your service funding body

If after all steps have been taken and you are unhappy with the response that CTC and/or CROSB give, you can contact:

#### Department of Communities, Child Safety and Disability Services

Phone (free call): 1800 177 120  
Phone: 3224 7179  
Email: complain@communities.qld.gov.au

#### Complaints Referral and Resolution Services

Phone (free call): 1800 880 052  
Phone: 13 14 50  
Email: crs@workfocus.com

### 24 Hour Crisis Support Numbers

Lifeline	13 11 14
Kids Helpline	1800 55 1800
Parent Helpline	1300 301 300
Police, Fire & Ambulance	000 (mobiles 112)
SES	132 500
13 HEALTH	13 43 25 84
Poisons Helpline	13 11 26

## CTC Services Contact Details

#### Headquarters

4162 9000

#### Disability Services

CROSB 4162 9081  
Gumnut 4168 1852  
Your Life Your Choice  
4162 9081

#### Youth Services

Kingaroy 4162 7788  
Murgon 4169 5940

#### Partners in Foster Care

Wondai 4169 0177

#### Childcare

Community Kids 4171 0033  
Nanango Childcare  
Centre 4163 1279

#### Employment Services

Kingaroy 4162 2566  
Murgon 4168 2155  
Gympie 5481 1488

## CROSB Contact Details

Shed 3 and 4,  
6 Cornish Street or  
PO Box 490  
KINGAROY QLD 4610

Phone: 4162 9081  
Fax: 4162 9030  
E-mail: crosb@sbctc.com.au



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SUPPORTING PEOPLE WITH A DISABILITY IN THE COMMUNITIES OF THE SOUTH BURNETT

[www.sbctc.com.au](http://www.sbctc.com.au)



## Research Opportunity

### Facilitating Behavioural Recommendations for Children with Autism Spectrum Disorder: Challenges Faced by Parents and Caregivers

Parental involvement is seen as an integral part of treatment for children with Autism Spectrum Disorder (ASD).

Parent involvement provides numerous benefits such continuity in treatment from session to session and generalising skills from the clinic to the home. However, there are many challenges that parents face in facilitating behavioural recommendations for their child with ASD.

This research project is important, in that it seeks to understand which aspects of the behavioural recommendations parents find easier or harder to do and what are particular challenges they face. Thus far, there has been limited research trying to understand what challenges parents face and why.

#### **Will the study benefit me?**

Your participation in this study may help clinicians more effectively work with you and your child in managing challenges as they arise.

#### **What does the study involve?**

The project is an online study and would take no longer than 30 minutes to complete. We appreciate how limited your time is and thank you for considering participation in this study.

The study is confidential and completely voluntary. You can withdraw at any time. Please see attached Participant Information Statement for more information.

To participate, please follow this link to the survey [https://uwssap.co1.qualtrics.com/SE/?SID=SV\\_eA5zyDdCv38cCWh](https://uwssap.co1.qualtrics.com/SE/?SID=SV_eA5zyDdCv38cCWh)

Michelle Dean