



# CROSB Newsletter



## Upcoming CROSB Events

- Find Your Inner Beat Drumming Group Night - Tuesday 15 October 2013
- CROSB Information Day - Thursday 24 October 2013
- BBQ, Karaoke & Games Group Night - Tuesday 19 November 2013

## CROSB Information and Family Day

Come along to our Information and Family Day to find out more about Your Life Your Choice and meet with other service users and staff.

**Date: Thursday 24 October 2013**

**Time: 12.30pm to 4.30pm**

**Venue: CROSB House - 18 Gladys Street, Kingaroy**

**Food: Light lunch will be provided**

**RSVP by Thursday 10 October 2013 to CROSB Office Ph 4162 9081**

## Disability Action Week - Free Breakfast 7 September 2013

An awesome morning was had by all on Saturday 7 September celebrating the start of Disability Action Week. The day started with a hearty breakfast provided by the Lions Club which we all enjoyed greatly. We certainly needed the energy for the morning's activities.



The drumming circle was a big hit



A game that rivalled the Ashes was enjoyed by all who attended the breakfast

### INSIDE THIS ISSUE:

CROSB Information Day	1
Disability Action Week Info	1
Upcoming Events	1
CTC Facebook Page & Website Update	2
Staffing News	2
CROSB Survey	2
Your Life Your Choice	3
PHaMs	3
Bushfire Season	3

## Staffing News

Throughout the month of October CROSB staff will be attending training on Diabetes, Manual Handling and Professional Boundaries.

In some instances client support may need to be changed to accommodate for staff to attend these sessions.

Our office staff will be liaising directly with those clients well in advance.

Our Service Coordinator Tracie Armstrong will be on leave from 16 November and will be returning on 13 December 2013. In Tracie's absence please contact the CROSB office.

### It's that time of year again...

By now you should have received a copy of the CROSB Client Evaluation Survey for all clients/carers to complete. Please ensure completed surveys are returned to the office by 31 October.

The survey is a great way to provide feedback on the service or suggestions of improvement of service delivery from CROSB.

Thanks,

CROSB

A friendly reminder to clients and families—if you or your family are sick, please let the office know. This is to assist with reducing the spread of the illness.

CROSB staff are also encouraged not to provide support when they are sick to reduce the spread of the illness.

In both events we will try to make alternative arrangements for support.

Head lice have been highlighted in the area. As you are all aware head lice (more commonly known as nits) are very contagious and are hard to get rid of. We can offer support and assistance with treating head lice.

## CTC now has a Facebook Page!!!

CTC have launched a Facebook page where people can access information on the latest events that are being held by CTC or in conjunction with CTC.

CTC is continuing to update the website with latest news, events and information.

Please jump on the internet and have a look at the Facebook page— <http://facebook.com/SouthBurnettCTC> or by searching "South Burnett CTC Inc" on Facebook.

The CTC website is [www.sbtct.com.au](http://www.sbtct.com.au). The website also has a direct link to the CTC Facebook page.



## South Burnett Health & Lifestyle Expo

**When:** Saturday 19 October 2013

**Time:** 9am to 3pm

**Where:** Kingaroy Town Hall & Forecourt  
Glendon Street, Kingaroy

**Cost:** FREE

Get connected to the health and lifestyle services available in your region

Free health and fitness workshops, cooking demonstrations, lucky door prizes and more

*Hosted by—South Burnett Regional Council,  
RHealth and Healthy Communities*

## Your Life Your Choice

CTC Disability Services has been approved to be a Host Provider for the Your Life Your Choice program. For further information on this program contact the CROSB office.

At the CROSB Information and Planning Day we will be having guest speakers from the Department of Communities, Child Safety and Disability Services and a Family to brief us on how this program works.

## Personal Helpers and Mentors (PHaMs)

The Personal Helpers and Mentors service (PHaMs) provides increased opportunities for recovery for people whose lives are affected by mental illness. The program assists people aged 16 years and over to manage their daily activities and to live independently through personal helpers.

For more information regarding eligibility for the program please phone Tricia on 0458 077 152.

## Bushfire Season

CROSB would like everyone to be aware that it is currently bushfire season.

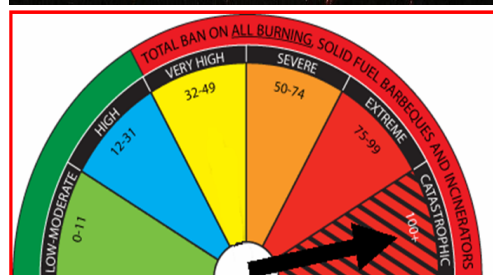
The Minister for Police and Community Safety, Jack Dempsey has put out a media release asking that residents be prepared and informed in the event of a bushfire.

Mr Dempsey has asked that everyone utilise the Rural Fire Service Queensland's (RFSQ) live fire website to stay informed on local bushfire activity.

The website has a lot of great information about fire permits, fire safety plans and information on current incidents in your local area.

For more information please visit the website - <http://www.ruralfire.qld.gov.au/>

CROSB staff are happy to assist you to access this website if you do not have computer access.



Please note: The above picture is an example only. It does not reflect current fire conditions.

## Comments, Compliments & Complaints

*We value your views and encourage you to make them known to us so we can improve the services we offer*

### To Make a Comment, Compliment or Complaint:

- Talk to your Support Team ie Support Worker, Service Co-Ordinator or Service Manager and/or family/advocate (see contact details below)
  - Talk with South Burnett CTC Headquarters on 07 4162 9000
    - Contact your service funding body

If after all steps have been taken you are unhappy with the response that CTC and/or CROSB give you can contact:

#### Department of Communities, Child Safety and Disability Services

Phone (free call): 1800 177 120

Phone: 3224 7179

Email: complain@communities.qld.gov.au

#### Complaints Referral and Resolution Services

Phone (free call): 1800 880 052

Phone: 13 14 50

Email: crrs@workfocus.com



### October Promotion

Lamingtons (Pack of 6) \$5.00



### Gumnut Place October Promotion

Place your order by contacting Gumnut Place on 4168 1852 or email [gumnut@sbctc.com.au](mailto:gumnut@sbctc.com.au)

### 24 Hour Crisis Support Numbers

Lifeline	13 11 14
Kids Helpline	1800 55 1800
Parent Helpline	1300 301 300
Police, Fire & Ambulance	000 (mobiles 112)
SES	132 500
13 HEALTH	13 43 25 84



### CROSB Contact Details

Shed 3 and 4, 6 Cornish Street  
PO Box 490

KINGAROY Q 4610

Phone: 4162 9081

Fax: 4162 9030

E-mail: [crosb@sbctc.com.au](mailto:crosb@sbctc.com.au)



**SUPPORTING PEOPLE WITH A DISABILITY IN THE COMMUNITIES OF THE SOUTH BURNETT**

[www.sbctc.com.au](http://www.sbctc.com.au)

### CTC Services Contact Details

#### Headquarters

4162 9000

#### Disability Services

CROSB 4162 9081

Gumnut 4168 1852

Your Life Your Choice

4162 9081

#### Youth Services

Kingaroy 4162 7788

Murgon 4169 5940

#### Employment Services

Kingaroy 4162 2566

Murgon 4168 2155

Gympie 5481 1488

#### Partners in Foster Care

Wondai 4169 0177

#### Childcare

Community Kids 4171 0033

Nanango Childcare Centre

4163 1279

