



CROSB Newsletter



Captain CROSB says Thank-you!

Upcoming CROSB Events

- BBQ, Karaoke & Games Group Night - Tuesday 19 November 2013
- End of Year CROSB Groups Break Up - 17 December 2013

What's coming in 2014:

- Community Garden Project
- Duke of Edinburgh's Award



Captain CROSB team would like to thank all those who donated to the Relay for Life 2013. The final count for the team's effort was \$2,283.80 with the highest fundraisers of the team raising \$500.00 (by Angela Spiro, Daniel and Ruve Ellwood).

A big thank you to all of the team - Captain Tracie Armstrong, Ruve Ellwood, Lynne Hare, Kiaya Armstrong, Sue Donnelly, Neil Bourke, Bob Spicer, Shiree Woodbury, Anne Wendt, Jane Badior, Angela Spiro, Daniel Ellwood, Leanne Sainsbury, Kim Sainsbury and late starters Sophie Baker and Kirsten Firman.

Watch this space as the team will soon be commencing their fundraising for 2014 with the team's goal of \$5,000.00. If you would like to be part of the 2014 team please advise Leanne Sainsbury at CROSB.

Thanks again to everyone. Captain - Tracie Armstrong

INSIDE THIS ISSUE:

Captain CROSB	1
CROSB's Own Princess	1
Upcoming Events	1
CTC Facebook Page & Website Update	2
Staffing News	2
CROSB Survey	2
Your Life Your Choice	3
PHaMs	3
Bushfire Season	3

CROSB's Own Princess

Congratulations to Sarah Armstrong who participated in the Nanango Mardi Gras Princess competition. Sarah through her hard efforts was placed fourth in the event. Sarah was nominated by the local Councillor and sponsored by Nanango Limousines.

Sarah is also a member of the Mardi Gras committee and worked tirelessly to promote this annual activity by attending meetings, promoting at the local markets monthly and helping with activities to do with the street parade and the happenings on the Saturday night.

Well done Sarah for the great work you are doing within your Community.

Do you have a story that you would like to share with us? If you do, email to crobsb@sbctc.com.au or phone the office.





CROSB Information Day - Your Life Your Choice

The CROSB Information Day was a big success with many clients, families and carers attending to learn more about the Your Life Your Choice program. Guest speakers were Matthew Dunford from the Department of Communities, Child Safety and Disability Services and Lynnelle Hahn who has been with this program for a few years.

Topics covered were:

- * What is Your Life Your Choice
- * Differences between current funding (traditional support) and new funding (self-directed)
- * Choices for self-directed support
- * What is a Host Provider
- * How will Your Life Your Choice be rolled out
- * What will this mean for you

Enclosed with this newsletter are the handouts and responses to the questions raised from this session. CROSB will be continually providing information when available to ensure all clients, their families and carers are well informed of this program.

If you would like further information please do not hesitate to contact Tracie Armstrong, Service Coordinator.



October Group Night - "Find Your Inner Beat"

October Group Night was one of our largest nights with 36 in attendance. The night entailed a session of 'Find Your Inner Beat', dinner followed by a game of hangman. It was great seeing everyone participating in the activities and socialising within the group.

November Group Night will be a BBQ with karaoke, video games and a game of cricket. Remember to phone the CROSB Office to book your seat by Friday 15 November so you don't miss out.



Proposed CROSB Learning and Life Skills Program

CROSB in a joint venture with CTC Residential Services, are proposing to create another venue to be utilised for clients to develop Life Skills in 2014.

CROSB is seeking unloved items of the following:

- ×Kitchen items – utensils, bowls, crockery, cutlery
- ×Linen - towels, single sheets, doonas etc
- ×Dining set – table, six chairs

If you have any items to be donated please contact the CROSB Office.



*Back by Popular Demand
November Only
Delectable Vanilla Slice
At the Special Price of \$5.00
(Tray of 6)*



Gumnut Place November Promotion

Place your order by contacting Gumnut Place on 4168 1852 or email gumnut@sbctc.com.au

New Members for Queensland Carers Advisory Council

A new Queensland Carers Advisory Council has been appointed to represent the interests of the state's thousands of dedicated carers and ensure they have a voice in the government decision-making process.

Disability Services Minister Tracy Davis who announced the advisory council during Carers Week said eight members had been recruited.

"I am pleased to announce that following a recruitment and selection process, a new Queensland Carers Advisory Council has been appointed," she said.

"The new Council members, drawn from across Queensland, are passionate about supporting carers and come with a wealth of experience."

"Their life experience and skills will greatly benefit the council and contribute to finding solutions to the issues that carers face in their community."

The new council members are:

- Sue Campbell, Kawungan (carer representative)
- Teresa Pilbeam, Maudsland (carer representative)

- Alice Corcoran, Cleveland (carer representative)
- Leigh-ann Elliot, Anstead (grandparent carer representative)
- Debra Cottrell, Carers Queensland (carer organisation representative and inaugural member)
- Alison Little, Anglicare Southern Queensland (carer organisation representative)
- Marj Bloor, Arafmi Queensland (carer organisation representative and inaugural member)
- Maree Lubach, Queensland Council of Grandparents (grandparent carer representative and inaugural Council member).

Four additional council members have been selected to represent the Departments of Health, Justice and Attorney General, Education, Training and Employment and Communities, Child Safety and Disability Services.



Centacare – My Future: My Life is an initiative designed to help students with a disability achieve the goals they have set for themselves for when they complete school, whether that is to join the workforce, study further or pursue other options. **My Future: My Life** can offer support up to \$1000 for eligible Year 11 students and up to \$2000 for eligible Year 12 students to purchase resources they need to meet their goals for a full, rich and meaningful young adult life.

If you are still unsure about what the **My Future: My Life** initiative is, or have any questions about it, have a look at the frequently asked questions (FAQ's) tab on the website - www.myfuturemylife.com.au . If this doesn't help clarify things for you, or you need more information you can phone the **Centacare My Future: My Life** team on 1300 697 526.

QCIDD Information Days

SPECIFIC SYNDROMES AND HEALTH on Friday 22 November 2013 from 10am to 2pm in The Meeting Room, Mater Medical Centre, South Brisbane, with speakers including **Karen Innes-Walker** on Smith Magenis Syndrome, **Bill Callaghan** on Rett Syndrome, **Clare Stuart** on Tuberous Sclerosis, **Dr Catherine Franklin** on Prader-Willi Syndrome, and **Professor Nick Lennox** (Director QCIDD) on other syndromes and health issues.

AUTISM SPECTRUM DISORDERS AND HEALTH on Monday 2 December 2013 from 10am to 2pm in The Meeting Room, Mater Medical Centre, South Brisbane, with speakers including **A/ Professor Kate Sofronoff** (School of Psychology UQ) on a social emotional skills programme, **Dr Jill Ashburner** (Autism Qld), **Cindy Nicollet** on sensory issues for better health, **Dr Jessica Paynter** (AEIOU) and **Professor Nick Lennox** (Director QCIDD) on health issues for people with autism.

These information days are for family members only and are provided at no charge. Light refreshments will be provided. For more information please contact Miriam on 07 3163 2446 or email qcidd@uq.edu.au.



“Care For Me” App for Carers



Care For Me is an application for iPad and iPhone that can make a huge difference in the lives of people with a disability, their carers, families and teachers. The App enables the recording and storing of all care requirements in a range of different types. These include video, photo and text format. The App is available for download from the iTunes store for \$8.49. For more information visit www.careappsaustralia.com.au.



Be a part of a mid-week market
starting soon...

O'Neil Square, Kingaroy
Opposite Carrollee Hotel

Starting 7th November

The mid-week market will then be held every Thursday
7.30am – 12pm

*These markets are dedicated to produce and
products grown or made in the Burnett*

Phone – 0417 756 528
To book a stall site or
For more information



The mid-week market is an initiative of

Growing the Burnett Inc.

Comments, Compliments & Complaints

We value your views and encourage you to make them known to us so we can improve the services we offer

To Make a Comment, Compliment or Complaint:

- Talk to your Support Team ie Support Worker, Service Co-Ordinator or Service Manager and/or family/advocate (see contact details below)
 - Talk with South Burnett CTC Headquarters on 07 4162 9000
 - Contact your service funding body

If after all steps have been taken you are unhappy with the response that CTC and/or CROSB give you can contact:

Department of Communities, Child Safety and Disability Services

Phone (free call): 1800 177 120

Phone: 3224 7179

Email: complain@communities.qld.gov.au

Complaints Referral and Resolution Services

Phone (free call): 1800 880 052

Phone: 13 14 50

Email: crrs@workfocus.com

24 Hour Crisis Support Numbers

Lifeline	13 11 14
Kids Helpline	1800 55 1800
Parent Helpline	1300 301 300
Police, Fire & Ambulance	000 (mobiles 112)
SES	132 500
13 HEALTH	13 43 25 84

CTC Services Contact Details

Headquarters

4162 9000

Disability Services

CROSB 4162 9081

Gumnut 4168 1852

Your Life Your Choice
4162 9081

Youth Services

Kingaroy 4162 7788

Murgon 4169 5940

Employment Services

Kingaroy 4162 2566

Murgon 4168 2155

Gympie 5481 1488

Partners in Foster Care

Wondai 4169 0177

Childcare

Community Kids 4171 0033

Nanango Childcare Centre

4163 1279

CROSB Contact Details

Shed 3 and 4, 6 Cornish Street

PO Box 490

KINGAROY Q 4610

Phone: 4162 9081

Fax: 4162 9030

E-mail: crosb@sbctc.com.au



**SUPPORTING PEOPLE WITH A DISABILITY IN THE
COMMUNITIES OF THE SOUTH BURNETT**

www.sbctc.com.au

Funded by

