

CTC Childcare Services

Monthly Newsletter

March 2015

Dear Parents and Guardians,

How fast this year is going! As we all know the school holidays have a tendency to sneak up on us, with Easter fast approaching Vacation Care packs are now available to any families wanting to attend over the holidays, Tuesday 7th to Friday 17th of April. Packs can be collected from the front desk at Community Kids or from the Schoolies building. Families that will not be attending during the school holidays, can you please fill out your holiday dates in the holiday folder situated in the foyer of both centres.

One of the commitments of CTC Childcare Services is that we strive to offer the best quality care for our children and families. Staff are consistently involved in staff training and workshops, so they can implement the most up to date and high quality care. At the end of February we had a two day in service visit from Stephen Gallen, who is a professional support specialist. This was a fantastic opportunity for staff to extend and further their skills, gaining knowledge and experience that can be implemented throughout the service to continue to offer the best quality care for your children.

CTC Childcare Service offers a bus service for our families in the local district, picking up children within the Nanango area. This service is available for a small fee of two dollars per day per child. If you are interested in using this service please talk to Megan or Renae.

Please ensure to check your parent pocket daily. This is a means for staff to pass on information to families, newsletters and your statements are also placed here for collection.

Partnerships with families is an area we try to work very closely with, this enables us to offer consistent support to children and their families. In order to help us with this, there is a weekend sheet attached to the back of this newsletter. Please take the time to fill this out no matter what you did over the weekend big or small, this will help us with extending your child's interest throughout our program.

Near the sign in and out sheets at both centres you will find a different policy each week. Please take the time to view and add any suggestions or feedback you may have on the feedback form attached. This is also an opportunity to work in partnership with families ensuring everyone's views and opinions are heard and contributing to our overall service

Thanks

Renae and Megan

Vacation Care

As we are getting closer to the first school holidays of the year, we would like to start a new procedure for booking your child into vacation care. Could all parents please place their vacation care paperwork including permission slips and payment for all excursions your child will be attending, in an envelope with child's name, amount and date on it and place in the fees box located in the foyer of Community Kids.

March

- 26 Purple Day - Epilepsy Australia

April

- 3 Good Friday - **Centre Closed**
- 4 Easter Sunday
- 6 Easter Monday - **Centre Closed**
- 7 - 17 Vacation Care
- 25 Anzac Day

NEWS FROM THE ROOMS

Nursery

Hello to all of our families and welcome to another month. We have been so excited watching all the children making so many amazing memories and reaching all of their very first milestones. We have some learning to walk and others with their first words. This is such an exciting time and we feel so privileged that we get to be a part of it. We have been busy with all different artwork including bubble painting which was so much fun. Our focus has been letting the children guide us by watching them and using their interests in our everyday planning. This has allowed us to broaden so many outcomes with each child. We wish Lucas and Pebbles all the best in their transition into the big room for their next adventures. Please remember to pack lots of spare clothes as we do tend to make our days a little messy at times and we also have a wonderful new water trough which we love using for water play. Please ensure that these items are named so that they all find their way to the right homes. We are starting to work on our

Mother's Day gifts and we would love it if you could please supply a picture of yourself and your child. Thank you, this is much appreciated. If you have any questions about anything Kacy and I are always here to help.

Until next time

Jaimee and Kacy



Cheeky Monkeys

Hello to you and your

Room March has been a very exciting and educational month. Sea Week was a very creative week for the Cheeky Monkeys. The children enjoyed making wiggly wobbly jelly fish out of half a paper plate and some cellophane streamers. We also reused some left over paint to decorate their bodies. We used hand cut outs to make some swimming fish and the children liked using buttons as eyes. We also painted our hands to make some hand print crabs. The children really benefit from using their fine motor skills and artistic abilities in these activities.

The children are really getting involved with reusing and recycling. We make a point to tell the children that we are saving left over paint so that we can use it for another activity. We are asking our families to save us any items that they think we might be able to use in our art area i.e. bread clips, Easter egg foil, milk caps, cotton reels and boxes! Big or small, we will find something to make them into.

Sunday 8th March was International Women's Day- we recognised the importance of this day by making "High 5's". We traced around the children's hands on purple cardboard and then cut them out. The children then decorated their high 5 with materials on the art table. We are grateful that our children at NCC have very loving influential women in their lives, whether it be their Mum, Grandma, Aunt or Carer. Thank you for playing an important role in these children's lives.

Miss Dee, Miss Sheryl, Miss Mary Anne, Miss Tracy and Miss Liz

CTC CHILDCARE BUS SERVICE

CTC Childcare offers a bus service to the immediate Nanango district. This service incurs a cost of two dollars per day, per child. This service is available to the children who attend CTC Childcare. If you have any enquires please don't hesitate to contact Megan or Renae.



Pre-Prep



All the children are well settled into the room and have been busy making some new friends as well as catching up with children they already know.

Mr Sean is now working in the Schoolies Room and we welcome Miss Shelly who has come to assist us.

Our plants are flourishing. The children always help weed and water. A huge thankyou to Makayla's mum, who brought in some tyres. Once these are painted these too will become garden beds.

All children showed an interest in making a picture of their own face and these now adorn the walls, and if you look to our ceiling you will see everyone staring down at you. All day we are being watched.

We are encouraging healthy eating and at the moment are focusing on fruit and vegetables; including their shapes, colours, textures and taste. We suggest all children bring minimal processed/packaged food, and always bring their own water bottle each day. This week everyone is making their own place mat to use at eating times. These all show many healthy foods to eat.

It is also important that the children arrive with named wide brimmed hats and their own bedding.

Please remember if you would like to contribute your knowledge and talents to the children please do! You would be most welcome.

Thank you,

Miss Rhonda and Miss Shelly.

Schoolies Room

We have been very busy since the start of the year, Mr Sean has moved to the after-noon school care. He has settled in well and the children love it.

The schoolies have been creating with the meccano - making glasses, transformers and theme park rides. We now have a schoolies Hairdressing Shop, styles are great and cuts are out, but the prices are astounding Ha Ha. Everyone is a victim. Miss Renae had a beautiful side style and a bath at the same time.

With much talk on the media recently regarding cyclone Marcia it sparked an interest in cyclones by the children wanting to know how, when and why cyclones form. We Googled cyclones and had great discussions, the children made a list of what to do in the event of a cyclone.

Easter break is coming so look near the sign in sheets for Vacation Care Packs.

If you have any questions please come see us anytime.

Thankyou Miss Tracey and Mr Sean.





Recipe of the Month - Sushi for Kids

Ingredients

- 1/2 cups Sun Rice Japanese Style Sushi Rice
- 2 tablespoons rice wine vinegar
- 1 tablespoon caster sugar
- 4 Nori sheets
- 2 tablespoons whole-egg mayonnaise
- 1 Lebanese cucumber, cut into matchsticks
- 1 medium avocado, thinly sliced
- 1 medium carrot, grated
- Salt-reduced soy sauce, to serve

Method

Step 1

Rinse and drain rice 3 times or until water runs clear. Place in a sieve over a bowl. Set aside for 10 minutes to drain.

Step 2

Place rice and 1 1/2 cups cold water in a saucepan over medium heat. Cover. Bring to the boil. Reduce heat to low. Simmer, covered, for 12 minutes or until water has absorbed. Remove from heat. Stand, covered, for 10 minutes.

Step 3

Meanwhile, place vinegar and sugar in a microwave-safe jug. Microwave on high (100%) for 30 seconds. Stir to dissolve sugar. Transfer rice to a large ceramic dish. Using a spatula, stir to break up lumps. Slowly add vinegar mixture, lifting and turning rice, until rice has cooled.

Step 4

Place 1 Nori sheet, shiny-side down, on a sushi mat. Using damp fingers, spread 3/4 cup rice over Nori, leaving a 2cm strip at 1 short end. Spread 2 teaspoons mayonnaise over centre of rice. Arrange one-quarter cucumber, avocado and carrot over mayonnaise. Using the sushi mat, roll up firmly to form a roll. Cut into 6 slices. Repeat with remaining Nori sheets, rice, mayonnaise, cucumber, avocado and carrot to make 24 pieces. Serve with soy sauce.



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