

CTC Diversionary Services Monthly Newsletter



Welcome to 'CTC Diversionary Services' first newsletter & hopefully the start of many more to come. We decided to start this newsletter to let you, the public get to know a little bit more about our services and what we do.

CTC pride ourselves on our **VISION** *'In CTC's geographical area of operation all residents, regardless of gender, age, background, culture, health or ability have access to the services and support they require to participate and feel valued in the economic, social and cultural life of the community to the full extent of their capacity and desires.'*

Firstly we would like to thank all of the local businesses in Murgon and Cherbourg alike that have jumped on board & supported some of CTC's campaigns. We believe that this has made a big difference with the whole community joining together to support a cause.

Most recently would be the Anti-Truancy campaign led by PACE and supported by CTC.

We can now see signs displayed in almost every shop & local business here in Murgon stating that they will not serve school aged kids during school hours. This so far, has been a success.

CTC Diversionary and Employment Services, Murgon, came together this month to support the fundraising campaign 'Relay for Life'. We held a morning tea in the park, where we had tea/coffee, cakes and quiche for everyone to enjoy. All we asked for was a gold coin donation. Apart from the rain, everyone seemed to enjoy themselves and the kids got some face painting done too. We also had number boards running where you could win \$100 or \$250 with the rest of the funds going to 'Relay for Life'. Winning numbers were picked by May from Westpac. Overall our team raised \$590.85 so it was a great effort by all.

Thanks to all the businesses in Murgon for your support with hanging up our posters promoting the day and your donations. It is greatly appreciated by all of us. *SBCTC*

'Straight Talk Aboriginal & Torres Strait Islander Summit'



This month our very own Lillian Gray (left) was selected to attend the '**Oxfam Australia's Straight Talk Aboriginal & Torres Strait Islander Women's Summit**' in Canberra. Aunty Lil was one of 55 people chosen out of over 300 applications from all over Australia. They chose Lil as they felt she had much to contribute to this event as part of a diverse group of women from all states.

This was a great opportunity for these women to discuss issues within their community and to talk about ways of improving life for others.

It was an intense week of seminars and discussions. Early morning starts and late night finishes. Within these seminars Lil told us how they were advised on going about making changes and how to approach and lobby the government concerning community issues that they feel need to be addressed.

One of the highlights for Aunty Lil was meeting Hon Jenny Macklin MP, Minister for Families, Housing, Community Services and Indigenous Affairs. Lil got to speak to her at Parliament House and they got to discuss life in Indigenous Communities. Lil also told her about our Diversionary Services and explained to her about the programs we provide here which highly impressed the minister. Lil found it was a chance to get to know the Minister on a personal level too and the Minister was happy to fill them in on her background.

Lil would like to thank CTC for allowing her to take this opportunity as she got to meet some wonderful, strong women from all over Australia. *SBCTC*

'Tree of Life'

A program was held earlier this month called 'Tree of Life' by Child Safety Services. Our Support workers, Lillian Gray and Albertha Johansson as well as staff from Wondin-dee and Safe Haven provided support. Clients of Child Safety, Sober Living Support and Wunjuada Rehabilitation centre attended too.

The aim of this program was to help the women to learn how to express themselves more openly and to be able to engage with other people with that little extra confidence.

They discussed their roots, where they've come from and spoke openly about their hopes and dreams. It also gave them a chance to face their fears.

As well as the clients benefitting from this program, our support workers did also. It gave them an insight into how the girls feel about different aspects of life, whether it be good or bad and how to provide them with support.



On the last day, the women were treated to a pampering session. They got their hair done and were given make overs which was great fun for everyone.

Lil and Albertha really enjoyed this day as they got to know the girls better and understand where they come from. They said the three day program was well worth it!! *SBCTC*

'A bit about our Services'

Diversionary Services offer support to people who struggle with issues which can lead to issues with alcohol.

Our services are broken into four categories.

Sober Living Support-Assisting people to overcome barriers which lead to problem drinking.

Community Hub- Long term assistance to help people live a more sober life.

Patrol-Supporting intoxicated adults to access a safe place to sober up.

BCSP- Reducing incarcerations in the watch house.

Programs are held regularly for our clients to assist them in these matters and to help them enjoy days out and other activities without alcohol. A lot of these programs have been a big success, seeing a decrease in individuals drinking habits. They are also held to get people together who are in similar situations so they can discuss their problems and help them realise they are not alone.

One of our most recent trips was organised by our Sober Living Support worker, Agnes and she was helped by Uncle Noel, Safe Haven's Community Capacity worker.

These clients are under Agnes' program for Sober Living. They were taken fishing in Bundaberg which is a hobby of theirs and they were really keen to do. While fishing, they were able to have a yarn with our staff about their past and family history.

SLS Fishing Trip- Bundaberg



They were able to discuss their challenges and successes and build greater supports with each other and our staff. These guys enjoy these day trips immensely as it gives them something to do rather than drinking alcohol.

We were told that there was lots of singing along to the music played on USMOB Radio Station on the way home and of course some story telling, yarning and plenty of laughter!!
SBCTC

★ SAUSAGE SIZZLE

We held our 'H2O the Way to Go' Sausage Sizzle in October which was a great success. All gold coin donations went towards the Ration Shed. We also held a raffle & you can find the winners overleaf.

Our campaign is to promote drinking more water for healthy living. We are promoting having a glass of water between each alcoholic drink.

Get Fit and Healthy!

Drink LESS alcohol. Drink MORE water.

H2O the Way to Go!!

Pop into CTC Diversionary Services today for your free water bottle.



'The Cherbourg Hornets' football team'

This month the Cherbourg Hornets' football team made it into the grand final which was played in Bundaberg.

Cherbourg Hornets' -V- Bundaberg Brothers.

This was a great opportunity to gather our clients together for a fun day out which was alcohol free and supported by families. As a lot of our clients wouldn't have had the transport a bus was organised by Diversionary to make sure that everyone was involved. Everyone was pretty excited about going up to cheer on their local team and give them heaps of support from the sidelines!! And that they did with their banners held high and their pompoms waving. Cherbourg fans were sure to be heard spurring on their favourite girls.

Unfortunately the girls didn't walk away with the winning trophy but it was a close call. Better luck next time girls! We're sure you will come back fighting harder next year!! SBCTC

CTC Diversionary Services

Office Hours: Mon-Fri 8.30am - 4.30pm

Phone: 07 4169 5260

Fax: 07 4168 2899

For more information please do not hesitate to pop in to see our staff.

Learner Driver Mentor CTC Diversionary Services



Have you got an hour a week to spare? Get involved in your community by becoming a mentor driver. We need volunteers to accompany learner drivers while they build their logbook hours up. Even if you have ONE hour a week you can make a difference.

Full support and training will be provided to all drivers who mentor. For more information see contact details below.



Tel: 07 4169 5260

CONTACT: Sarah



RAFFLE WINNERS

Josh Ryan – I Pod Dock

Eileen Jacobs-Cherbourg Supporters Jersey

Peter Fletcher - Cherbourg Hornets Cap

These Prizes were donated by:

Shane from Betta Electrical

Lee from Struddy's

Mark Smith from Mark Smith's Menswear