



CROSB Newsletter



Welcome to 2015 - The Year of the Plan!!!!

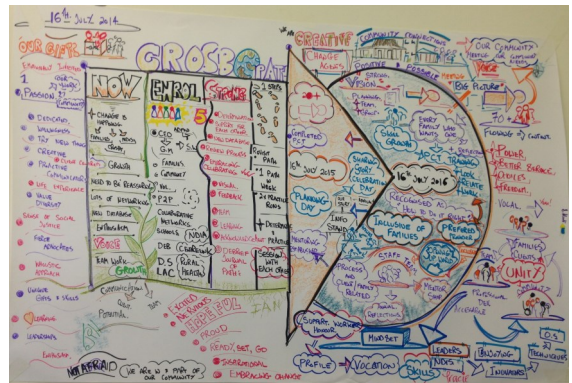
Last year was a busy one for CROSB, helping out families with emergency respite, looking after growing numbers of people accessing the service, organising exciting and creative activities for group nights and learning new and better ways to make support plans more accessible, personal and positive.

For 2015 CROSB has set the goal to review and redo every support plan with a new client focused process, so we can ensure everybody is getting the best support possible. Currently we are looking at two different methods of planning- PATH Plans and Lifestyle Plans. (If these planning methods do not fit in with your needs we will adjust plans to suit).

Upcoming CROSB Events

- Combined Groups – Drumming Night
17 February 2015
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Ten Pin Bowling
17 March 2015
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- Relay for Life 2015
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- Ken Baines Disco
14 February 2015
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- Staff Training-
February and
March 2015
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PATH plans are developed through a process with family, friends, community members and services, where we draw a visual map of how everybody works together to ensure that goals are met. This is a great process for opening up conversations,



opportunities and developing a team work approach to support. Above is a PATH plan completed for the support worker team that has received training in this exciting and creative process.

Lifestyle Plans involve telling your story, resulting in a more comprehensive picture of the person and their ongoing needs. This is a living document that keeps growing and changing with the changes of the person. The underlying values are about what is important to the person, what makes them happy and what is meaningful in their life. This is a very detailed plan and is done in a way that reflects the person as a strong individual with goals and strengths.

If you would like to discuss this or would like to get the plan started please don't hesitate to call the office to discuss and book in.

Looking forward to catching up with everyone.

Tracie

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CROSB COMBINED GROUPS END OF YEAR BREAKUP NIGHT FOR 2014

CROSB Staff bowled against some of our CROSB Clients – and as you can see by the picture the clients won – I won't tell you by how much.

Everyone who attended had a great night, with lots of laughing, bowling and playing pool.

Thanks for the fun times in 2014 and we look forward to another fun year in 2015.



2015 Group Planning Night

The 2015 Group Planning Night was held on 20 January and was very successful with lots of great ideas– bowling, going out or dinner, going to the cinema and lawn bowls.

Please find attached a CROSB Groups Membership Consent form to be completed and returned at Group Night on 17 February 2015.

If you have not received a copy please contact the CROSB Office on 4162 9081 or email

CROSB Support Workers Staff Training

These days have been allocated for professional development for CROSB Support Workers:

- Thursday 12 February—Professional Boundaries
- Thursday 12 March—Autism Workshop
- Tuesday 17 March—Manual Handling
- Wednesday 18 March—Manual Handling
- Wednesday 18 March—Teaching Skills to People with an Intellectual Disability - Mt Gravatt
- Thursday 19 March—CTC General Induction
- Tuesday 24 March—ASSIT Training
- Wednesday 25 March—ASSIT Training

The office will be in contact with clients where necessary to change support. Please note that we will try our best to minimise disruption to our

CROSB Group

Febru- ary

To the beat of the
Drums!



17 February - 6pm to 8pm
Enterprise Centre

March

Bowling Night!



17 March - 6pm to 8pm
Kingaroy Ten Pin Bowling &
Mini Putt Putt

Cost - \$18.50 for dinner, bowling
and shoe hire
\$5 contribution for transport

RSVP - 12 March 2015

CROSB Ipad

CROSB have purchased an IPAD for Support Workers to use with clients.

We have put in some fun and educational applications, such as, Talking Mats, See Touch Learn and Verbally as well as some interactive games.

If any anyone has an IPAD and would like to share these Apps just let the office know and we can install them for you.



Ken Baines Disco

For people of any age, living with a disability (intellectual or physical) and their families and friends.

- ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★
- ★ Dates for 2015: ★
- ★ Saturday 14 February ★
- ★ Saturday 18 April ★
- ★ Saturday 13 June ★
- ★ Saturday 15 August ★
- ★ Saturday 17 October ★
- ★ (Halloween) ★
- ★ Saturday 12 December ★
- ★ (Christmas Party) ★
- ★ St. Mary's Hall, 15 Albert Street, Kingaroy ★
- ★ 7.00pm until 11.00pm ★
- ★ Carers need to remain in attendance ★
- ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★

Refreshments provided!
No charge. Gold Coin donation appreciated.

CROSB Crew Relay for Life Team 2015

“CROSB Crew” Relay for Life Team is now registered for 2015.

Dates for the Relay for Life are Saturday 10 and Sunday 11 October, 2015.

If you would like to participate in the team this year you can register online at www.relayforlife.org.au

(select Join a Relay Team/search for ‘CROSB Crew’ and complete form) or contact the CROSB Office.

Sophie Baker is the CROSB Ambassador and watch this space for fund raising ideas.



Graham House Community Transport Services Taxi Voucher Scheme

The Graham House Community Transport Service Taxi Vouchers are funded by the State and Federal Governments under the Home and Community Care Program (HACC).

To be eligible for consideration for access to Taxi Vouchers the participants must be a Home and Community Care eligible person:

- . Frail Aged
- . Young Person with a Disability
- . Carer of either
- . Have a permanent moderate to severe disability



Participants in this scheme will need to meet the assessment criteria and be subject to review every six months.

Priority will be given to people who are not eligible for the Government Taxi Scheme and people who have needs that are outside the SBCITS Services ability to provide direct transport via HACC Vehicles.

The value of each Taxi Voucher is \$5.00 and the limit of vouchers you receive will be the number agreed to at the time of your assessment.

The vouchers are to be used in conjunction with cash, eg. Your trip costs \$10.00 you will give the Taxi Driver a \$5.00 voucher and you will contribute the additional \$5.00. Should you trip cost less than \$5.00 and you use a voucher there will be no change given.

Please contact Graham House on 4169 5040 for more information.

What is the NDIS?

The National Disability Insurance Scheme (NDIS) will benefit around 97,000 Queenslanders with a significant and permanent disability and provide support for families and carers.

The NDIS is a new way of delivering disability supports. Participant choice and control is central to the scheme, and supports are tailored to individual needs. The individual has control over the type and mix of supports they receive, how they are delivered and how their funding is managed.



The NDIS will significantly change people's lives and enable greater social and economic Participation of people with disability, their families and carers.

The scheme will start in Queensland from 1 July 2016, and it is anticipated that all eligible participants will be covered by 2019.

When the NDIS is fully implemented, the Queensland Government will contribute \$2.03 billion towards scheme costs (including \$197 million from the Medicare levy), indexed annually at 3.5 per cent.

The NDIS will be administered by the National Disability Insurance Agency.

www.ndis.gov.au—Opportunity is Knocking

Improving Service Delivery

We value your feedback and encourage you to contact us and let us know what we can do to improve the services we offer.

You are welcome to:

- Talk to your Support Team ie: Support Worker, Service Co-ordinator or Service Manager and/or family/advocate:
 - Call - 07 4162 9081
 - Fax - 07 4162 9030 or
 - Email - crosb@sbctc.com.au



If after all steps have been taken and you are unhappy with the response that CTC and /or CROSB give you can contact:

Department of Communities, Child Safety and Disability Services

Phone (free call): 1800 177 120

Phone: 3224 7179

Email: complain@communities.qld.gov.au

Complaints Referral and Resolution Services

Phone (free call): 1800 880 052

Phone: 13 14 50

Email: crrs@workfocus.com

24 Hour Crisis Support Numbers

Lifeline	13 11 14
Kids Helpline	1800 55 1800
Parent Helpline	1300 301 300
Police, Fire & Ambulance	000 (mobiles 112)
SES	13 25 00
13 HEALTH	13 43 25 84
Poisons Helpline	13 11 26
Salvo Care Line	1300 363 622
1800Respect	1800 737 732

Clothing, Food & Household Needs

Salvation Army	4162 3700
Centacare—South Burnett	4162 5439
St Vincent De Paul—Kingaroy	4162 5099
St Vincent De Paul—Yarraman	4163 8667
Graham House—Murgon	4168 2828
CTC Youth Services	4162 7788
Poisons Helpline	13 11 26

Health & Counselling

Unitingcare Community	4160 4600	Centrelink Social Worker (Phone and ask to speak to a Social Worker)	13 28 50
PHaMs	0458 077 152	Graham House—Murgon	4168 2828
Centacare—South Burnett	4162 5439	CTC Youth Services	4162 7788
Domestic/Family Violence	4639 3605		

Legal Assistance

Youth Advocacy Centre	3356 1002	ATSI legal Service	4168 1944
Legal Aid	1300 651 188	TASC Toowoomba	4616 9700

Crisis Accommodation

Homeless Persons Information QLD	1800 474 753	Domestic Violence Hotline—Women	1800 811 811
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CTC Services Contact Details

Headquarters

4162 9000

Disability Services

CROSB	4162 9081
Gumnut	4168 1852
Your Life Your Choice	4162 9081

Youth Services

Kingaroy	4162 7788
Murgon	4169 5940

Partners in Foster Care

Wondai 4169 0177

Childcare

Community Kids	4171 0033
Nanango Childcare Centre	4163 1279

Employment Services

Kingaroy	4162 2566
Murgon	4168 2155

CROSB Contact Details

Shed 3 and 4,
6 Cornish Street or
PO Box 490
KINGAROY QLD 4610

Phone: 4162 9081
Fax: 4162 9030
E-mail: crosb@sbctc.com.au



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SUPPORTING PEOPLE WITH A DISABILITY IN THE COMMUNITIES OF THE SOUTH BURNETT

www.sbctc.com.au