

Welcome to the Wide Bay HACC & Disability Conference 2010: 'Walking in my Shoes'.

The 2010 Wide Bay HACC & Disability Conference is themed '**Walking in My Shoes**', and will focus on improving our understanding of the client's perspective in care delivery and the important role that aged/disability direct care workers play.

Conference Program

9.00am – 9.30am

REGISTRATION

Bargara Cultural Centre, Hughes Road, Bargara

MORNING TEA

9.30am - 9.45am

WELCOME ADDRESS

Ross Peddlesden, Regional Program Manager, ABC Wide Bay
Cr. Judy Peters, Bundaberg Regional Council

WELCOME TO COUNTRY

Burnie Johnson

9.45am – 10.30am

KEYNOTE SPEECH: 'STRONGER SMARTER'

Dr Chris Sarra, Stronger Smarter Institute

10.30am – 11.00am

'BREAKING DOWN THE BARRIERS'

Tracey Manaway, Australian South Sea Islander HACC
Lauriann Trevy, Area HACC Manager (Mackay Region)

11.00am - 12.15pm

WORKSHOPS (DELEGATES TO CHOOSE ONE TO ATTEND)

'Complaints - Responding Positively'

Margo Mathews, Queensland Aged & Disability Advocacy

'How It Feels to Walk In My Shoes'

Lorrae Martin-O'Rourke, formerly of Alzheimers Association of QLD

'Seeing It Through My Eyes'

Julie Chaplin, Centacare Bundaberg

'Men's Health'

Bob Dieckmann, Gin Gin Menshed & Gin Gin Neighbourhood Centre

12.15pm – 12.30pm

NORVILLE SIGNING CHOIR

12.30pm – 1.15pm

LUNCH & WHEELCHAIR DANCING DEMONSTRATION

1.15pm – 2.15pm

Social & Emotional Early Development Strategy (SEEDS)

Joan Dooley, Queensland Health

2.15pm – 3.30pm

WORKSHOPS (DELEGATES TO CHOOSE ONE TO ATTEND)

‘Complaints - Responding Positively’

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‘How It Feels to Walk In My Shoes’

Lorrae Martin-O’Rourke, formerly of Alzheimers Association of QLD

‘Seeing It Through My Eyes’

Julie Chaplin, Centacare Bundaberg

‘Men’s Health’

Bob Dieckmann, Gin Gin Menshed & Gin Gin Neighbourhood Centre

3.30pm – 3.45pm

AFTERNOON TEA

3.45PM – 4.15PM

‘BOB ON THE FLOOR’

Bob Dieckmann, Fifty Plus Fitness

4.15PM – 5.00PM

KEYNOTE SPEECH: ‘WHAT DO I NEED TO KNOW TO BE IN YOUR SHOES?’

Jennifer Cullen, Brain Injury Association of QLD

5.00PM

EVALUATION & CLOSE OF CONFERENCE

6.00PM

PRE-DINNER DRINKS & FINGER FOOD

RUSTIC ITALIAN THEMED DINNER

Bargara Golf Club, Miller Street, Bargara

Key Note Speakers

Dr Chris Sarra, Executive Director, Stronger Smarter Institute

Dr Chris Sarra hails from Bundaberg, and as the youngest of 10 children, has experienced first-hand many of the issues faced by Indigenous students throughout their schooling.



Entering university Chris found encouragement and inspiration from various lecturers and mentors who encouraged him to go beyond the expectations the system usually held for young indigenous students.

He completed a Diploma of Teaching, a Bachelor of Education and a Master of Education. In recent years Chris completed a PhD in Psychology with Murdoch University.

In the late 1990's Chris took on the challenges of Indigenous education as the Principal of Cherbourg State School in South East Queensland.

Through strong leadership and clear vision he facilitated many changes at the school which saw increasing enthusiasm for student learning through dramatically improved school attendance and increased community involvement in education.

Under Chris' leadership the school became nationally acclaimed for its pursuit of the *Strong and Smart* philosophy.

Chris has been the recipient of many awards and much recognition as his ideas, enthusiasm and vision have taken hold nationally and internationally.

Chris is now the Executive Director of the Stronger Smarter Institute which is pursuing improved educational outcomes for Indigenous children through engagement with principals, teachers, community leaders, and Government.

The Institute's work is based on the Strong and Smart philosophy which espouses a strong and positive sense of what it means to be Aboriginal in today's Australian society and that Indigenous students can achieve outcomes comparable to other students.

Chris believes that the power teachers have to inspire their students should never be underestimated. These are messages that Chris Sarra has drawn from his own life – as an Indigenous child, student, teacher, parent, principal and leader.

www.strongersmarter.qut.edu.au

Key Note Speakers cont.

Jennifer Cullen, Chief Executive Officer, Brain Injury Association of QLD



Jennifer Cullen joined the team at the Brain Injury Association of Queensland (BIAQ) in September 2004 as the Services Manager before progressing to Director of Business and Community Services in September 2006, and being appointed Chief Executive Officer in 2008.

Jennifer started her career as a Diversional therapist working in a residential aged care facility and she has 20 years experience in disability and aged care services. She has worked in a variety of organisations in the Australian Capital Territory, New South Wales, and Queensland, in positions including Lifestyle Support Worker, Respite Care Coordinator, Outreach Coordinator and Manager.

Jennifer is committed to indigenous issues, and staff learning and development. Jennifer has a Bachelor of Arts, Bachelor of Health Science, Master of Health Science, and Graduate Diploma of Public Health. She is also a member of the Australian College of Health Service Executives.

In addition to her role as Executive Officer for BIAQ, Jennifer also holds the position of Vice President for Brain Injury Australia and is a member of the Queensland Social Leadership Alumni.

In 'What Do I Need to Be in Your Shoes', Jennifer will be exploring the issues of:

- Understanding 'care' from a person centred planning context
- The role of values and attitudes, and
- How to continue to develop being an effective direct worker.

www.braininjury.org.au

Presenters

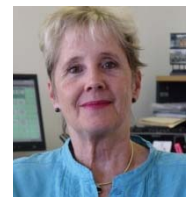
Tracey Manaway, Australian South Sea Islander HACC

Lauriann Trevy, Area HACC Manager (Mackay Region)



Tracey Manaway is the Liaison Officer for the Australian South Sea Islander HACC. This service is based in Mackay and is funded to provide Information, Education and Training Services across the state. The service works with HACC Service Providers and eligible Australian South Sea Islanders to raise awareness of, and improve access to available services. In 'Breaking Down the Barriers', Tracey and Lauriann will provide information on the development of the Liaison Officer position. They will also discuss challenges encountered throughout the process, and strategies employed to break down the barriers facing Australian South Sea Islanders when accessing services.

Margo Mathews, Wide Bay Advocate, QLD Aged and Disability Advocacy



Margo Mathews is the Wide Bay Advocate for Queensland Aged and Disability Advocacy. Margo has an extensive background in Aged Care, having worked as both a Registered and Clinical Nurse, and has additional qualifications in Gerontology.

'I have lived in Hervey Bay for ten years and really enjoy the lifestyle. In my role as advocate I am fortunate to have the opportunity to travel to the communities of the Wide Bay to meet the residents and service providers.'

www.qada.org.au

Lorrae Martin-O'Rourke, formerly of Alzheimers Association of QLD



Lorrae Martin-O'Rourke was a Dementia Support Officer with Alzheimers Association of Queensland for four years.

Her role was to facilitate Family and Carer Support Groups in Queensland, including for young onset dementia clients. Within her role, Lorrae also conducted Carer, Staff, and Community Awareness Education Programs.

Presenters cont.

Bob Dieckmann, Fifty Plus Fitness Pty Ltd

Bob has been around the block a few times.... . He was born and educated in South Australia, and has lived in Darwin, Groote Eylandt, Wollongong, Inglewood, Murgon, Gin Gin and Nairobi. Bob has travelled extensively in Australia and to many parts of the world including Britain, France, Italy, South Africa, Kenya, China and Sri Lanka.



Bob is married with three adult children, and is passionate about life.

During his working life Bob has worked with most Shires in the Wide Bay region. Currently his company Fifty Plus Fitness Pty Ltd is contracted to provide community development projects for Bundaberg Regional Council in the Gin Gin area.

In 2006 Bob and his son John established Fifty Plus Fitness Pty Ltd to provide an identified support need for the health and well-being of our older population. The programs are low impact and embrace well-being, fitness and mental agility during each session.

www.50plusfitness.com.au

Joan Dooley, Wide Bay Public Health Unit

Joan Dooley is the Senior Health Promotion Officer with the Wide Bay Public Health Unit, Central Regional Services, Division of the Chief Health Officer, Queensland Health. Joan has been employed by Queensland Health for many years, in a variety of roles. She joined the Wide Bay Public Health Unit Health Promotion team four (4) years ago, and is currently studying her post-graduate diploma in Health Promotion through Sunshine Coast University.



Joan's health promotion role has a particular focus on "mental health promotion", which promotes factors that create and support social and emotional wellbeing. Joan's presentation will focus on the SEEDS framework, which recognises that social and emotional well-being develops through nurturing and valuing relationships, and uses the "head, heart, and hands" model to explore the importance of taking time to talk, reflect, and connect.

Presenters cont.

Julie Chaplin, Centacare

Julie Chaplin was born in Bundaberg. Shortly after birth her parents suspected eye problems. It was later confirmed that Julie has a genetic condition that limits her vision to perceiving light versus darkness.



From early in her life, Julie's parents were very proactive, both learning Braille by correspondence and encouraging their daughter, sometimes amidst much trepidation, in normal childhood activities such as trampolining and bike riding.

Julie completed primary school at Bundaberg West State School and high school at Shalom College. She received support from specialist teachers in learning Braille, living skills and mobility, but otherwise was integrated within a mainstream setting.

After leaving school, Julie moved to Brisbane. At this time she began working with her first Guide Dog, a sprightly young yellow Labrador named Lydia. In Brisbane, Julie experienced the challenges and rewards of flatting, public transport and negotiating the city centre. She completed Honours in Psychology at the University of Queensland and a Masters of Counselling Psychology at Queensland University of Technology. During her ten years in Brisbane, Julie also worked for Kids Help Line as a telephone and email counsellor. She married Rikki in 2002.

In 2004, just before their first child was born, Rikki gained employment back in Bundaberg, allowing the family to move to Julie's home town. Their first child, Tim, was born in 2004 and their second, Shaun, in 2007. In spite of their parents' blindness, both boys have full sight. They are happy, healthy children who love the outdoors and books.

For the past four years, Julie has worked part time as a counsellor at Centacare. She works under the Allied Health program, which is primarily targeted at people who are frail aged, have disabilities, or are Carers. Her main activities include counselling and facilitating group workshops on a variety of topics ranging from grief, to self esteem, to life skills.

Julie has previously conducted workshops on vision impairment for Centacare staff, as well as for a variety of other agencies in Brisbane and Bundaberg. She now works with Udo, her golden retriever Seeing Eye Dog, whose life is enriched by guiding his family on the 'school run', a love of food, and plenty of long naps.

Bundaberg Region

Bundaberg and the Coral Coast is a dynamic destination awaiting your discovery.

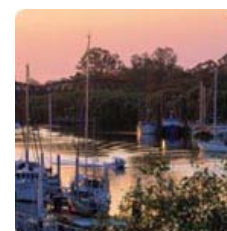
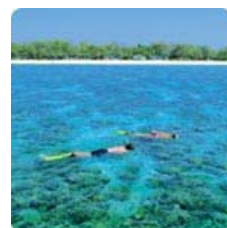
Bundaberg is a bustling provincial capital, 360 km north of Brisbane, resting on the banks of the glorious Burnett River. A short 10 minute drive from the City Centre brings you to the beautiful Coral Coast, encompassing the seaside village of Bargara, as well as the beautiful beaches of Burnett Heads, Innes Park and Elliott Heads.

This diverse region is also the gateway to one of the wonders of the world - the Great Barrier Reef and famous for it's local icons the Bundaberg Rum Distillery, Bundaberg Barrel, Mon Repos Turtle Rookery, Hinkler Hall of Aviation.

As well as a beautiful subtropical climate, Bundaberg and the Coral Coast also boasts clean stinger-free beaches, oceanfront accommodation, cosmopolitan cafes, great shopping, and access to a range of leisure pursuits.

Why not take the time to slow down, relax, and discover this wonderful region.

For more information visit www.bundaberg.qld.gov.au.



Accommodation

KACYS BARGARA BEACH MOTEL

Cnr Bauer St & Esplanade, Bargara Q 4670

Phone: 07 4130 1100

info@bargaramotel.com.au

www.kacys.com.au

Rooms starting from \$99 per night



KELLYS BEACH RESORT

6 Trevors Road, Bargara Q 4670

Phone: 07 4154 7200

www.kellysbeachresort.com.au

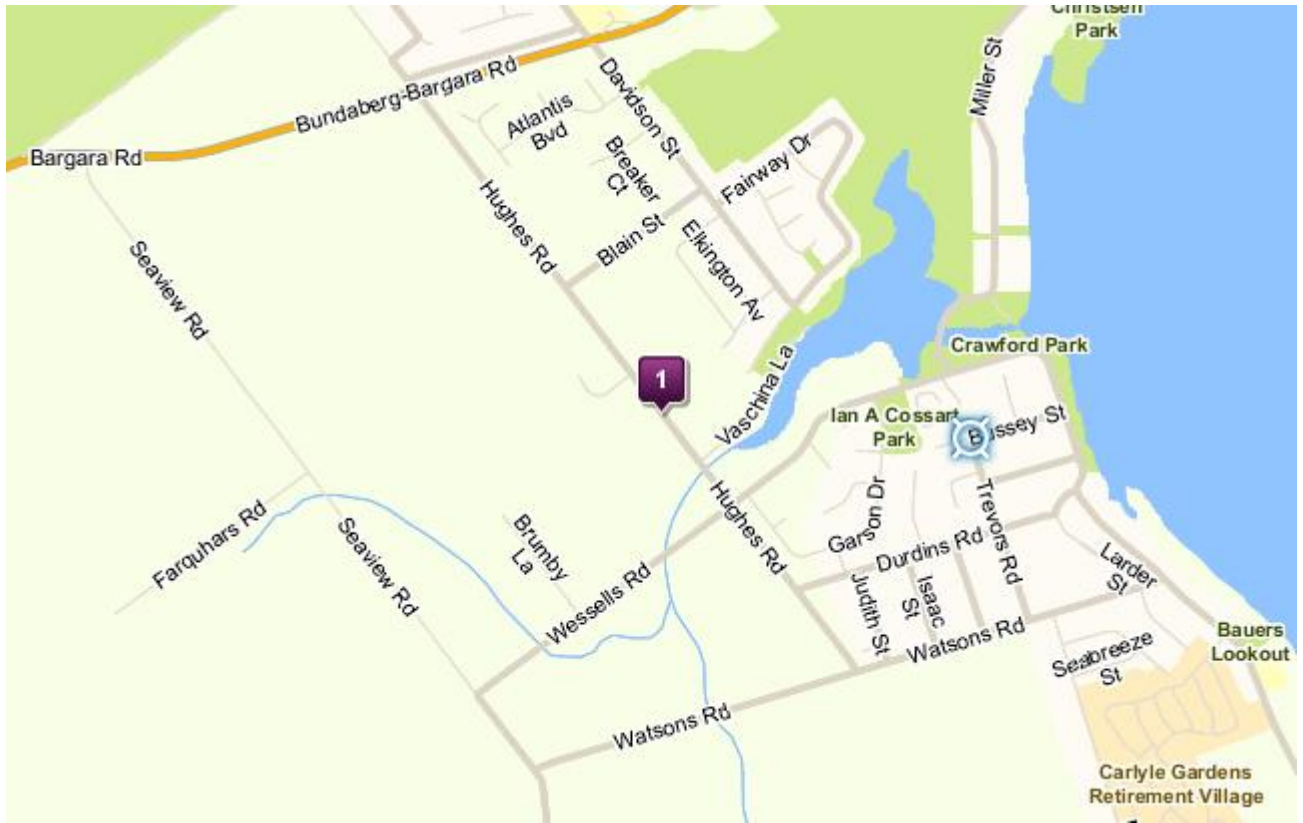
Villa Accommodation from \$115 per night



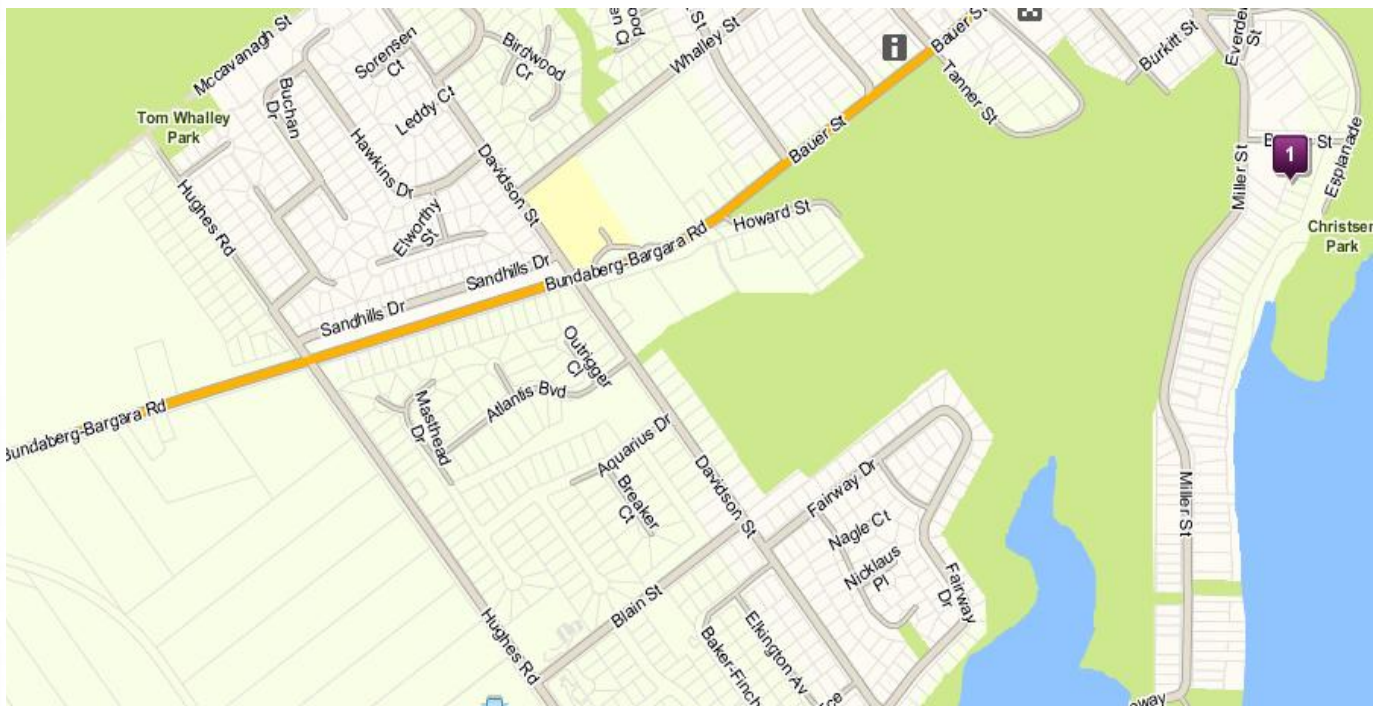
www.wotif.com WILL ALSO HAVE SOME GREAT DEALS FOR THE BARGARA AREA

Where is...

The **BARGARA CULTURAL CENTRE** is located on Hughes Road, Bargara, adjacent to the Bundaberg Regional Council Office.



The Conference Dinner will be held at the **BARGARA GOLF CLUB**, located on Miller Street, Bargara.



Conference Registration

HACC & DISABILITY SERVICES CONFERENCE 2010

Tax Invoice

ABN: 28 729 607 985

Please return this Conference Registration form **with payment** by **10 September 2010** to
HACC & Disability Conference c/- Centacare, PO Box 1338, Bundaberg 4670. Fax 07 41528308

All registrations **must be pre-paid** and no registrations will be accepted on the day.

Enquiries regarding registration and payment to Jenny Tree, Centacare. Ph 41316800 jennyt@centacare.net

OPTIONS FOR ATTENDANCE:

OPTION 1 **Conference Attendance Only** **\$65 (incl. Gst)**

OPTION 2 **Concession Attendance (must show proof of concession)** **\$35 (incl GST)**

Please note: concession attendance does not include dinner

OPTION 3 **Conference & Dinner Attendance** **\$100 (incl GST)**

Name of Organisation:		
Name of Delegate	Email	Option for Attendance
Total Amount Due		\$

SPECIAL REQUIREMENTS (PLEASE TICK)

Hearing Loop

Guide Dog

PLEASE SPECIFY ANY DIETARY REQUIREMENTS:

Remittance Advice

Cheque payable to HACC & DISABILITY CONFERENCE C/- CENTACARE

Cash payable at the Centacare Office, 79 Woongarra Street, Bundaberg

Credit Card Name of Cardholder: _____ Visa Mastercard

Card Number: _____ Expiry Date: __/__/__

Amt to be Paid: \$ _____ Signature: _____

Please note that there will be no refunds on cancellation of attendance.

Conference Registration cont.

An important part of the 2010 Wide Bay HACC & Disability Conference is the opportunity to attend workshops relevant to the theme of the Conference. To ensure all delegates are able to attend their workshops of choice, please indicate below the preferences for workshop attendance for all delegates attending from your organisation (please note Workshop Preference 3 will be used if the other preferences are unavailable). A short overview of each of the workshops is provided below to assist you with your choice.

'Complaints - Responding Positively'

Margo Mathews, Queensland Aged & Disability Advocacy

'Complaints – Responding Positively' will be an interactive workshop aimed at examining what constitutes a complaint; why people don't complain; the right to complain; and, how to use complaints to improve your service. Margo will also provide information on the role of the Queensland Aged and Disability Advocacy to ensure that a client's voice is heard.

'How It Feels to Walk In My Shoes'

Lorrae Martin-O'Rourke, formerly of Alzheimers Association of QLD

In 'How It Feels to Walk In My Shoes', Lorrae will be discussing the process of centralising to a person with dementia and their needs.

'Seeing It Through My Eyes'

Julie Chaplin, Centacare Bundaberg

In 'Seeing It Through My Eyes', Julie will be sharing her experiences as a service user who is vision impaired. She will also give workshop participants the opportunity to put themselves in the shoes of someone who has low or no vision, and to attempt the kinds of tasks that may be part of their everyday lives.

'Men's Health'

Bob Dieckmann, Fifty Plus Fitness

In the Mens Health Workshop, Bob will provide an interactive session addressing issues specific to men's health such as: what does the term 'men's health' really mean; why do some men think differently about health issues compared to women; what role should the family take in encouraging men to act in a preventative way; what role should health professionals adopt to encourage men to be pro-active in their health management; and, how can a 'Menshed' environment help to lower the barriers to discussing men's health issues.

Name of Delegate	Workshop Preference 1	Workshop Preference 2	Workshop Preference 3

Special Thanks to ...

Thank you to the following organisations for their support of
the 2010 Wide Bay HACC & Disability Conference
through their provision of financial and/or in-kind assistance.



Queensland Health



Disability and Community Care Services

